2026 Presentation Evening



Scottish Athletics 4J Awards 2025



Martin Hyman Junior Hill Running Award - Isla Paterson



Honorary Life Membership – Neil Renton



Impact Club of the Year

Ladhope XC Handicap 12/2025



Juniors

1 – Ryan Hume

2 – Mason Riddell

3 – Ewan McCarthy

Adults

1 – Eileen Nicol

2 – Billy McCulloch

3 – Neil Christie



Kaeside 5 km May 2026

1 – Greg Harradine

2 – James Dennison

3 – Francis McElroy







1 – Pamela Baillie

2 – Amelia Hope Jones

3 – Gill Lunn

Joggers

1 – Alan Henry

2 – Elaine Robertson

3 – Elaine Hogg



Hollybush Handicap



1st – Bob Johnson
2nd – Dawn Grant
3rd – Bob Noble



Henderson Handicap – 09/2026

1 – Kate Jenkins

2 – Andrew Jackson

3 – Billy McCulloch

Joggers

1 – Alan Henry



The trophy was donated by the Henderson family in the 1980s. James Henderson was a 1 mile and XC runner with the Harriers in the 1920s/30s. The race reflects his 1 mile and short XC specialities.

Senior 800 metre Club Championships

1st - Beth

2nd - Gillian

3rd - Rachel

1st - James

2nd - Daniel

3rd - Tommy





Cross Country Club Championships and Neil Potts Handicap – 11/2026



1 – Amelia Hope-Jones
2 – Kate Jenkins
3 – Joeleen Murdoch



Neil Potts Handicap
1 – Luis Molero
2 – Andrew Jackson
3 – Gillian Lunn

1 – Gregor Ker
2 – Craig Mattocks
3 – Iain Stewart















Individual medals for Molly, Ava, Archie, Sarah and Katy B

Team Gold for U 17 Men

Team Silver for U 13 girls

Team Silver U 17 girls

Team Bronze for Senior women

Team Gold for Masters women

East District XC Champs – what a day !









Inter-Districts January 2026

East District Selection

U13 – Rose, Tilly, Molly, Rosa

U15 – Angus, Bryn

U17 – Oliver, Seb, Gregor, Ava, Kirsty

Senior - Katie

Scottish Masters 2026 XC









Individual silver and bronze for Katy and Sarah
Team bronze for V 50 men (James, Wayne and Leahan)
Team bronze for V 40 women (Katy, Sarah and Ameilia)

Scottish National XC Championships – Falkirk February

Rose – U13 bronze





U13 Team Gold!

U17 Team Silver!









Go Gala!

Nottingham Inter-Counties XC – March 2026

Top 6 at Nationals get Inter-Counties Selection
Well done
Oliver, Archie, Kirsty and Ava

(Flash back to Irvine Inter-Districts 2022)





East District League

X 3 races

Kirkcaldy
Dundee
Bathgate



U17 Boys –
League Winners!



















The water crossing team, Elliot B's shoe retrieved from the river!





Well done Amelia and Jamie winning the James Curran Memorial Trophies

Gala Cross Country – Borders XC League
Hosted by us

Gala Cross Country – Mud and River Crossings











Borders XC League 2025 - 2026

X 7 races
Lauder
Dunbar
Peebles
Paxton
Vogrie
Gala
Hawick

Rose 1st Rowan 2nd Age 10 – 11
Rose overall host club winner
Ewan 2nd Thomas 3rd Age 8-9
Angus 3rd Age 12 -13

Junior Females winners of Team Shield
Host Club













Well done to all the Juniors

Borders XC Series 2025 – 2026

Age Cat Podiums
David & Lisa 1st
Ian M 2nd
Amelia/ Andrew
Jamie/Bob J 3rd





Scottish Schools XC







Team Medal for Earlston Boys









4th Place for Seb resulting in selection for Scottish Schools !

XC Season so far – medals mounting up already and 2 Scottish selections!



East Relays Team Silver – first ever girls relay medal for Gala



Pamela V 50 bronze at Short Course



Every position counts U18 Team silver at Short Course



Well done Katy and Isla



British and Irish Masters XC Dublin 2026

Marcus
Katy B
Pamela
Sara
Julia







The Hills

Rowan – Gold at Scottish Hill Running Champs And Winner of Junior League!





Well done Angus who did all 7 league races and finished 3rd in the League





Medals Galore at the Scottish Hill Running Championships at Ben Ledi Uphill Race

Iain M40 Gold in a sprint finish with Andrew M40 Silver
Tim M50 silver
Kirsty U 20 silver





Go Scotland – well done Seb and Kirsty

Seb selected to run for Scotland in the International Cup in Italy







Seb and Kirsty selected for the Junior Home International in Northern Ireland

Helping Scotland win the Overall Title and bring home the Edinburgh Cup

Eildon Jnr Hill Race















Gala Juniors dominating the podiums

And the seniors













More Hills



Ben Nevis – 1st time for Sam 12th for Bob!



James At Turnhouse Hill Race



Glen Rosa Hill race



Andrew – one of only 30 runners to complete 5 long-distance hill races in the Long-Classic – 4th M40 and 10th overall in the series



M50 win at N Berwick Law Hill Race for Sinclair

Scottish Athletics Trail Championships – July 2026

- Archie U20 bronze
- Gregor U17 bronze
- First Individual National Medals for both!







Scottish East and North District Track and Field Championships.



Medal success for Rachel Grant Gold in 300 m and bronze in 100 m and 200 m

Gold for Olver McGraw in 200m and silver in 100m



Track



Leah Murdoch, Holly Craig, Amy Fenton, Rachel Grant took part in the 4J Track Relay Championships. Making it to the finals.

Cameron Rankine Trafford Open 800m a new PB of 1:56.33 (below in Scottish Senior Champs)





Julia – Gold in Scottish Masters in 800 m and 1500 m AND Bronze in British Masters Track and Field Champs in the 800m (W55)



Iain - 4J Scottish 10000m Championships.
Scottish National Indoor Masters 3000m M45 – Silver in both



Scottish 5000m champion Katie Rourke and coach Neil



Cameron running 2:00.33 in the 800 m heat and 2:00.47 in the final and placing 5th U23.

Robert running 53.84 in the 400 heat and 53.98 in the final and placing 6th U18.

Robert Horton and James Cockburn competing in the 200m

Scottish Seniors and U 20 Championships

Track –Scottish Track and Field Championships

silver medals
Evie (800 m)

and Molly
(1500m)













Great racing from Amy, Rachel, Lucy, Abigail, James and Oliver – in the highly competitive shorter distances.

Rachel making 200m finals and Oliver both 100 m and 200 m finals

Track – Scottish Schools



Oliver H taking a fantastic bronze (u18 boys) 3000m

Final appearances also for:

Oliver McCraw running 23.73 and placing
4th in the final.

Rachel Grant 6th in 300m final with a PB of 43.45.

Robert Horton (u18 boys) 8th in final having run a
PB of 53.24 in semi final.

James Cockburn 23.45 and 5th in 200m semi final
Amy Fenton 100m heat 14.24 (6th)
and Rachel Grant 100m semi final (4th)



Sprint Fest

Robert Horton U 18 200m 23.48 (heat, 2nd), 23.25 (final, 3rd)

Oliver McCraw U16 200 m 23.93 (heat, 1st), 24.02 (final, 3rd)



Forth Valley League

3 matches –
Track and Field











June - U12 Super Teams National Final – TEAM Bronze!



Junior Club Championships !









SAIL

SCOTTISH ATHLETICS INDOOR LEAGUE

First match in Indoor League started well.

Podium finishes for Rose, Connor Oliver and James



Monument Mile – bring on the flames















September 2026

Pail Merk Mile





Pail Merk Mile

Scottish 5km Championships

17 Harriers Racing
Katie 3rd overall
Pamela 3rd V50





Robbie fastest Harrier 13th overall in 14:47



Road – August

Katie Rourke at Antrim Coast 5km 5th overall, 1st Scot home and a PB of 16.07

Second place was Olympian Beatrice Chepkoech – the world 3000 metre steeplechase record holder !







Young Athlete Road Race

Wet and wild windy at Battery Park.

Silver Team medals for U 13 girls and U 17 boys

A determined final sprint secured Archie selection for the Mini London Marathon.







Mini London Marathon

3rd Scot home and 35th overall

Races Galore



Great Scottish Run
Oct 2026 ½
marathon
Pamela 1st V 50



Great Scottish Run
10km
Katie 00:33:43 – 2nd



Robbie
Battersea Park
5km – 1st and PB
of 14:45!



Clark 10th
Great North
Run – biggest
½ in the World



10km PBs
at
Podfather



Scottish ½
and 10km

More Races



3 teams at the Sri Chinmoy 3 x 1 mile relays.
Top M60 and M50 teams



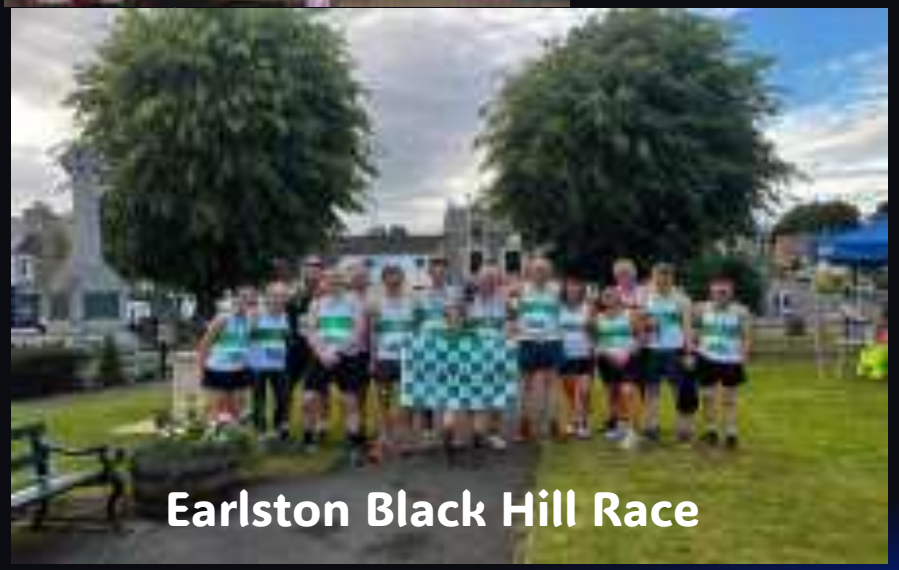
Last Wobbly Trail race



Italian Job



Team win at Floors Castle 10 km –



Earlston Black Hill Race



Glasgow 10k

Scottish Schools Road Races 2026



Silver for Oliver and bronze for Seb



Silver for Thomas









Seb leading Earlston boys to another team medal

Marathons















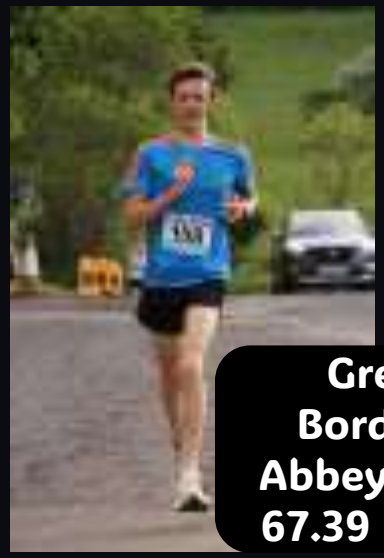


London – Tallin – Berlin – Vienna- Dusseldorf – New York – Manchester- Blackpool- Kielder- Loch Ness – Amsterdam – Edinburgh – Milan - Seville

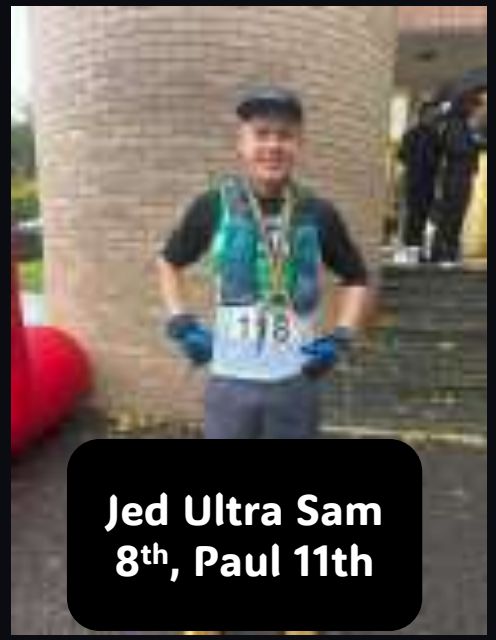
Those that went further – Our Ultra Runners



Tiree Ultra Marathon

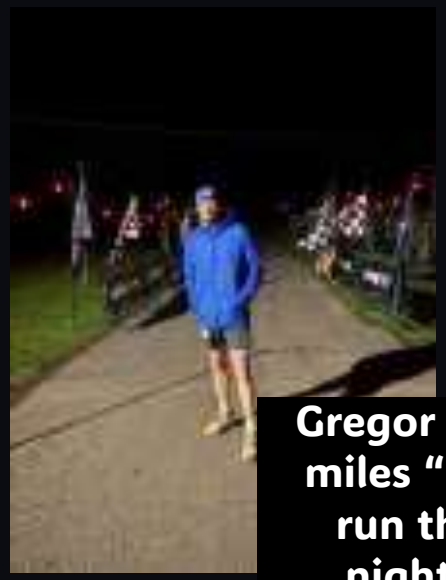


Greg Borders Abbey Way 67.39 miles



Jed Ultra Sam 8th, Paul 11th





Gregor - 57 miles "out run the night"



Tim Darlow and Denny Calder. Ultra Scotland 56 miles along the Southern Upland Way Tim finishing (1st/17 M50)

Tim 160 mile Spine Challenger North 12th overall age cat 2nd!



Training Nights





Representative Athletes 2025 – 2026

East of Scotland

Rose Davidson

Tilly Lee

Rosa Mabon

Molly Trewartha

Bryn McRee

Angus McCarthy

Gregor Adamson

Oliver Hastie

Ava Richardson



Scotland and East of Scotland

Archie Dalgliesh (Mini London Marathon)

Seb Darlow (Scottish Schools, JHI and International Youth Cup!)

Kirsty Rankine (JHI)

Katie Rourke (Antrim 5km)

Scotland

Marcus D'Agrosa (Master XC)

Katy Barden (Masters XC)

Pamela Baillie (Masters XC)

Sara Green (Masters XC)

Julie Johnstone (Masters XC)

Isla Paterson (Armagh 3km)



Most Improved Junior Endurance Athlete 2026

Oliver Hastie







Junior Endurance Athlete 2026

Rose Davidson

GALA HARRIERS



Most Improved Track and Field Athlete 2026

Lucy Scott

GALA HARRIERS

Junior Track and Field Athlete 2026

Robert Horton





Most Improved Jogger 2026

Elaine Robertson

GALA HARRIERS

Most Improved Senior Athlete 2026

Robbie Welsh









Endeavour Award 2026

Sam Robertson









GALA HARRIERS

Senior Athlete 2026



Katie Rourke

Thanks to our 2025 – 2026 Committee



Thanks
Tony



Thanks
Bob



Thanks
Iris

Thanks to all our Coaches, Jog Leaders, Parent Helpers

Coaches and Jog Leaders

Graeme Capper
Steve Dean
Lynne Grant
Elaine Henderson
Charlotte Hendry
Gillian Lunn
Tony Lunn
Lizzie MacLeish
Billy McCulloch
Gerry Moss
Graeme Murdoch
Dave Nightingale
Eileen Nicol
Louise Ponton
Anne Purves
Neil Renton
Katie Rourke
Iain Stewart
Gary Trewartha
Gillian Todd
Billy Wilson
Alan Wood

Adapted Athletics

Kirsty, Archie, Angus and Seb





And everyone who helps at events
And all the parents and carers who support our young athletes

2027 our 125th year

Thank you to the 125 Committee

Formal Dinner

Junior Celebration

Club history – display and rolling programme

Pail Merk Mile

Hosting East District Relays

Commemorative Club Programme

125 Anniversary Merch…

