



Rowan Boland 5k 14th August 2022

Entry on the day Family £10 single entry £5

Agree to Gift Aid being claimed:

House name or number: _____ Post Code: _____

Club: _____ Age on 14th August 2022

| Name: <i>(please print clearly)</i> | Age | Male | Female | Bib No |
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Prize categories Male / Female U16. Male / Female 16+, M40+, F40+, M50+, F50+.



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